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| Name: SMT.KANCHAN | Reg No: 06-12SMHC18 |
| Age / Sex:38/F | Contact No:8105017000 |
| Marital Status:ML- 16 YEARS | Date:15/12/18 |
| Occupation:STUDIED UPTO GRADUATION. HOUSEWIFE. | Dr. PJFP |
| Address:NATIVE OF BIHAR. IN BLORE SINCE MARRIAGE. OUT OF BLORE FOR 6 YEARS 2004-2010. | DIAGNOSIS- |

1. HEADACHE – SINCE 4 YEARS: STARTS FROM EYE AND GOES BACK LEFT SIDE. DNT LIKE SOUND THEN LIES ON THE PAINFUL SIDE AMEL. 2ND DAY IT GOES TO RT SIDE SMTIMES. HOT PACK ON THE HEAD FEELS BETTER.
2. ANEAMIC SINCE 3MONTHS. ONLY THRU TEST CAME TO KNOW OR ELSE FEELS WEAK AT TIMES.
3. RENAL STONE ONLY THRU REPORTS (GENERAL CHECK UP).
4. ACIDITY – VOMITING AND BURNING SENSATION AND BLOATING -<EMPTY STOMACH,

* LOUD VOICE DURING ANGER IF SHE CANT COME OUT WILL REMAIN SILENT.
* IF SEES A SMALL INSECT IN THE FOOD SHE WILL NOT EAT IT.
* CLEANLINESS.
* LIKES SPICY BUT OF ACIDITY SHE AVOIDS. LIKES SWEET ALSO.
* DOESN’T LIKE TO LIE. EVEN FOR FUN.
* TAKES TIME IN MAKING FRNS.
* MORE CLOSE TO MOM
* FAMILY ORIENTED.

RX:

1. LAC CAN 200 – 4 DOSES – WEEKLY ONCE
2. BRYONIA 200- 4-0-4 DISC
3. ROBINIA 200 – 4-4-4 DISC
4. NAT PHOS 12X 4-4-4-4.
5. NUX VOM 200/ACON 200 – 4 PILLS SOS HEADACHE.
6. RUB 60 -1 -0-1 A/FOOD.
7. CALC CARB 200 – 10 DOSES – 3 DAYS ONCE B/FOOD.
8. SULPHUR 200 – 1 DOSE STAT.
9. ALFALFA+AVENA Q – 15-15-15 DROPS A/FOOD.

12/1/19: headache got twice. Started in the left and sos din work had to take paracetemol. 3rd day got the right side. Again 2-3 days bck had it right. Less intense thn before med. Gastritis there.

Rx:

1. Calc carb 1m – 1 dose
2. Lac can 1m – 4 doses – weeky b/food mng
3. ALFALFA+AVENA Q – 15-15-15 DROPS A/FOOD.
4. bell 200+ – 4 pills sos headache.
5. NAT PHOS 12X 4-4-4-4.
6. RUB 60 -1 -0-1 A/FOOD.
7. Ferr met 200- 10 doses – 1 in 3 days. b/brush water mng.
8. Ferr phos 6x 4-4-4
9. Pepsin 200 – disc 4-4-4 b/food. 3 dram.

16/2/19: more headaches. Initial 15 days felt not much but after tht all complaints increased. Gastritis increased.

Rx:

1. Calc carb1m – 4-4-4-4 2 dram pills. Alternate weeks.
2. Merc cor 1m/crot tig 1m – 4-4-4-4 2 dram pills alternate weeks.
3. Carbo veg 30 – disc 4-4-4 a/food.
4. Thuja 1m – 1 dose stat.
5. Rub 30 – 1 tab night b/food
6. Bell1m+chamomilla1m – 4pills sos. 3 dose. Headache.
7. Acid phos1m/china1m/ferr phos200 – disc 4-4-4
8. Rhus tox200+mag phos 200+causticum 200 – backpain sos.
9. Rheumagic oil.